

## THE YOGA AND MEDITATION CENTER OF MONTCLAIR

### FEE SCHEDULE

#### CLASSES

Beginning and Intermediate Yoga (8 sessions) \$160  
Introduction to Meditation (6 sessions) \$175  
Meditation Workshop (6 sessions) \$150  
QI GONG (6 sessions) \$90  
Yamuna Body Rolling (8 sessions) \$120\*  
Yamuna Foot Fitness (8 sessions) \$80\*

\* Register in advance for 8 week session of combined Yamuna Body Rolling and Foot Fitness for \$160 and save \$40

#### DROP-IN CLASSES

QiGong \$15  
Yamuna Body Rolling \$15  
Yamuna Foot Fitness \$12  
Gentle & Restorative Yoga \$15

#### ONE-TIME TRIAL DROP-IN YOGA

Beginning Yoga \$20  
Intermediate Yoga \$20

PRIVATE SESSIONS are \$100 per hour.

#### OTHER WORKSHOPS

Please check specific workshop description for fees. You can find all workshops listed at:  
<http://www.yogainmontclair.com/workshops.asp>.

### MAKE-UP POLICY FOR MISSED CLASSES

A missed class may be made up within the session in which you are registered if there is space available in another class for you to do a make-up. There are no carry-overs from previous sessions.

Our classes are often filled to capacity. If you must miss a class, please notify us at least 24 hours in advance. This is the only way in which we can determine when and where space will be available for make-ups. If you do not let us know that you will not be attending your class, you will forfeit the right to a make-up class. Please email Susan Morton ([yogawithsusan@mac.com](mailto:yogawithsusan@mac.com)) or call her at 973-746-6707 to schedule a make-up and a space will be reserved for you in the class of your choice depending upon availability.

### REGISTRATION INSTRUCTIONS

Advance registration is required as *class size is limited to the first registrants*. For this reason, please register as early as possible to insure a space in the class of your choice. *No tuition can be refunded for any reason after the first class*. If a class is canceled due to insufficient registration, tuition will be refunded. *Please make your check payable to YOGA AND MEDITATION CENTER OF MONTCLAIR* and send it with your registration form to 292 Bloomfield Ave., Montclair, NJ 07042. Once registered, new students will receive directions and a confirmation. If the class you choose is filled, your check will be immediately returned to you.

REGISTRATION FORM

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

\_\_\_\_\_

Telephone (day): \_\_\_\_\_ Evening: \_\_\_\_\_

Email address: \_\_\_\_\_

NAME OF COURSE: \_\_\_\_\_ Day/Time: \_\_\_\_\_